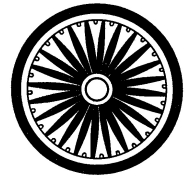




Remembering the Present
Friday 15 August – Sunday 24 August 2025
Times in America/New York time (EDT)



Friday 15 August

05:00 AM – 06:30 AM	Manager's talk & Teacher's introduction Group practice
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Saturday 16 August

07:30 PM – 08:30 PM	Practice workshop
08:30 PM – 09:30 PM	Group practice
12:30 AM – 01:30 AM	Practice workshop
01:30 AM – 02:30 AM	Group Practice
05:30 AM – 06:30 AM	Dharma Talk
06:30 AM	Karaṇīya Mettā Sutta/Close

Sunday 17 August

07:30 PM – 08:30 PM	Practice Workshop
08:30 PM – 09:30 PM	Group Practice
12:30 AM – 01:30 AM	Group Practice
01:30 AM – 02:30 AM	Weekenders' group discussion
05:30 AM – 06:30 AM	Dharma Talk
06:30 AM	Karaṇīya Mettā Sutta/Close

Monday 18 August – Saturday 23 August

07:30 PM – 08:30 PM	Practice Workshop
08:30 PM – 09:30 PM	Group Practice
09:00 PM – 11:00 PM	Interviews
12:00 AM – 02:00 AM	Interviews
12:30 AM – 01:30 AM	Group Practice
02:30 AM – 03:30 AM	Group Practice
05:30 AM – 06:30 AM	Dharma Talk
06:30 AM	Karaṇīya Mettā Sutta/Close

Sunday 24 August

07:30 PM – 08:30 PM	Practice Workshop
08:30 PM – 09:30 PM	Group Practice
09:30 PM – 10:30 PM	Closing circle
10:30 PM	End of retreat
