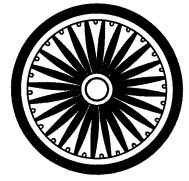




Remembering the Present

Friday 15 August – Sunday 24 August 2025
Times in Asia/Calcutta time (IST)



Friday 15 August

02:30 PM – 04:00 PM	Manager's talk & Teacher's introduction Group practice
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Saturday 16 August

05:00 AM – 06:00 AM	Practice workshop
06:00 AM – 07:00 AM	Group practice
10:00 AM – 11:00 AM	Practice workshop
11:00 AM – 12:00 PM	Group Practice
03:00 PM – 04:00 PM	Dharma Talk
04:00 PM	Karaṇīya Mettā Sutta/Close

Sunday 17 August

05:00 AM – 06:00 AM	Practice Workshop
06:00 AM – 07:00 AM	Group Practice
10:00 AM – 11:00 AM	Group Practice
11:00 AM – 12:00 PM	Weekenders' group discussion
03:00 PM – 04:00 PM	Dharma Talk
04:00 PM	Karaṇīya Mettā Sutta/Close

Monday 18 August – Saturday 23 August

05:00 AM – 06:00 AM	Practice Workshop
06:00 AM – 07:00 AM	Group Practice
06:30 AM – 08:30 AM	Interviews
09:30 AM – 11:30 AM	Interviews
10:00 AM – 11:00 AM	Group Practice
12:00 PM – 01:00 PM	Group Practice
03:00 PM – 04:00 PM	Dharma Talk
04:00 PM	Karaṇīya Mettā Sutta/Close

Sunday 24 August

05:00 AM – 06:00 AM	Practice Workshop
06:00 AM – 07:00 AM	Group Practice
07:00 AM – 08:00 AM	Closing circle
08:00 AM	End of retreat
