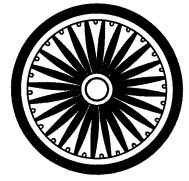




Remembering the Present
Friday 15 August – Sunday 24 August 2025
Times in Asia/Singapore time (+08)



Friday 15 August

05:00 PM – 06:30 PM	Manager's talk & Teacher's introduction
	Group practice

Saturday 16 August

07:30 AM – 08:30 AM	Practice workshop
08:30 AM – 09:30 AM	Group practice
12:30 PM – 01:30 PM	Practice workshop
01:30 PM – 02:30 PM	Group Practice
05:30 PM – 06:30 PM	Dharma Talk
06:30 PM	Karaṇīya Mettā Sutta/Close

Sunday 17 August

07:30 AM – 08:30 AM	Practice Workshop
08:30 AM – 09:30 AM	Group Practice
12:30 PM – 01:30 PM	Group Practice
01:30 PM – 02:30 PM	Weekenders' group discussion
05:30 PM – 06:30 PM	Dharma Talk
06:30 PM	Karaṇīya Mettā Sutta/Close

Monday 18 August – Saturday 23 August

07:30 AM – 08:30 AM	Practice Workshop
08:30 AM – 09:30 AM	Group Practice
09:00 AM – 11:00 AM	Interviews
12:00 PM – 02:00 PM	Interviews
12:30 PM – 01:30 PM	Group Practice
02:30 PM – 03:30 PM	Group Practice
05:30 PM – 06:30 PM	Dharma Talk
06:30 PM	Karaṇīya Mettā Sutta/Close

Sunday 24 August

07:30 AM – 08:30 AM	Practice Workshop
08:30 AM – 09:30 AM	Group Practice
09:30 AM – 10:30 AM	Closing circle
10:30 AM	End of retreat
