



Remembering the Present Friday 15 August – Sunday 24 August 2025 Times in America/New York time (EDT)

Friday 15	August
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05:00 AM – 06:30 AM	Manager's talk & Teacher's introduction Group practice

Saturday 16 August

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07:30 PM - 08:30 PM	Practice workshop
08:30 PM – 09:30 PM	Group practice
12:30 AM – 01:30 AM	Practice workshop
01:30 AM – 02:30 AM	Group Practice
05:30 AM – 06:30 AM	Dharma Talk
06:30 AM	Karaņīya Mettā Sutta/Close

Sunday 17 August

07:30 PM - 08:30 PM	Practice Workshop
08:30 PM - 09:30 PM	Group Practice
12:30 AM – 01:30 AM	Group Practice
01:30 AM - 02:30 AM	Weekenders' group discussion
05:30 AM - 06:30 AM	Dharma Talk
06:30 AM	Karaṇīya Mettā Sutta/Close