



Remembering the Present Friday 15 August – Sunday 24 August 2025 Times in Asia/Bangkok time (+07)

Friday 15	August
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04:30 PM - 05:30 PM

 $05{:}30~\mathrm{PM}$

Dharma Talk

Karaņīya Mettā Sutta/Close

04:00 PM - 05:30 PM	Manager's talk & Teacher's introduction	
	Group practice	
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Saturday 16 August		
06:30 AM - 07:30 AM	Practice workshop	
07:30 AM - 08:30 AM	Group practice	
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11:30 AM – 12:30 PM	Practice workshop	
12:30 PM - 01:30 PM	Group Practice	
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04:30 PM - 05:30 PM	Dharma Talk	
05:30 PM	Karaṇīya Mettā Sutta/Close	
Sunday 17 August		
Sunday 11 August		
06:30 AM - 07:30 AM	Practice Workshop	
07:30 AM - 08:30 AM	Group Practice	
11:30 AM – 12:30 PM	Group Practice	
12:30 PM - 01:30 PM	Weekenders' group discussion	
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