



Remembering the Present Friday 15 August – Sunday 24 August 2025 Times in Asia/Singapore time (+08)

## Friday 15 August

05:30 PM - 06:30 PM

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05:00 PM - 06:30 PM	Manager's talk & Teacher's introduction Group practice
Saturday 16 August	
07:30 AM – 08:30 AM	Practice workshop
08:30 AM – 09:30 AM	Group practice
12:30 PM - 01:30 PM	Practice workshop
01:30 PM – 02:30 PM	Group Practice
05:30 PM - 06:30 PM	Dharma Talk
06:30 PM	Karaṇīya Mettā Sutta/Close
Sunday 17 August	
07:30 AM – 08:30 AM	Practice Workshop
08:30 AM – 09:30 AM	Group Practice
12:30 PM – 01:30 PM	Group Practice
01:30 PM – 02:30 PM	Weekenders' group discussion

Dharma Talk

Karaņīya Mettā Sutta/Close