



Remembering the Present Friday 15 August – Sunday 24 August 2025 Times in Pacific/Auckland time (NZST)

Friday 15 August

 $05{:}30~PM - 06{:}30~PM$

 $09{:}30~PM - 10{:}30~PM$

10:30 PM

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09:00 PM – 10:30 PM	Manager's talk & Teacher's introduction Group practice
Saturday 16 August	
Saturday 10 Mugust	
11:30 AM – 12:30 PM	Practice workshop
12:30 PM – 01:30 PM	Group practice
04:30 PM - 05:30 PM	Practice workshop
05:30 PM – 06:30 PM	Group Practice
09:30 PM - 10:30 PM	Dharma Talk
10:30 PM	Karaņīya Mettā Sutta/Close
Sunday 17 August	
11:30 AM – 12:30 PM	Practice Workshop
12:30 PM - 01:30 PM	Group Practice
04:30 PM - 05:30 PM	Group Practice

Weekenders' group discussion

Karaņīya Mettā Sutta/Close

Dharma Talk