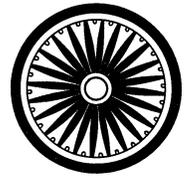




The Way of Direct Experience
Friday 06 March – Sunday 15 March 2026
Times in America/Los Angeles time (PST)



Friday 06 March

12:00 AM – 01:30 AM	Manager's talk & Teacher's introduction Group practice
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Saturday 07 March

02:30 PM – 03:30 PM	Practice workshop
03:30 PM – 04:30 PM	Group practice
07:30 PM – 08:30 PM	Practice workshop
08:30 PM – 09:30 PM	Group Practice
12:30 AM – 01:30 AM	Dharma Talk
01:30 AM	Karaṇīya Mettā Sutta/Close

Sunday 08 March

02:30 PM – 03:30 PM	Practice Workshop
03:30 PM – 04:30 PM	Group Practice
07:30 PM – 08:30 PM	Group Practice
08:30 PM – 09:30 PM	Weekenders' group discussion
12:30 AM – 01:30 AM	Dharma Talk
01:30 AM	Karaṇīya Mettā Sutta/Close
