

The Way of Natural Awareness
Friday 11 October – Sunday 20 October 2024
Times in Australia/Darwin time (ACST)

Friday 11 October

05:30 PM – 07:00 PM	Manager's talk & Teacher's introduction Group practice
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Saturday 12 October

08:00 AM – 09:00 AM	Practice workshop
09:00 AM – 10:00 AM	Group practice
01:00 PM – 02:00 PM	Practice workshop
02:00 PM – 03:00 PM	Group Practice
06:00 PM – 07:00 PM	Dharma Talk
07:00 PM	Karaṇīya Mettā Sutta/Close

Sunday 13 October

08:00 AM – 09:00 AM	Practice Workshop
09:00 AM – 10:00 AM	Group Practice
01:00 PM – 02:00 PM	Group Practice
02:00 PM – 03:00 PM	Weekenders' group discussion
06:00 PM – 07:00 PM	Dharma Talk
07:00 PM	Karaṇīya Mettā Sutta/Close
