



**Remembering the Present**  
Friday 09 October – Sunday 18 October 2026  
Times in Australia/Adelaide time (ACDT)



---

**Friday 09 October**

---

06:30 PM – 08:00 PM	Manager's talk & Teacher's introduction Group practice
---------------------	---

---

**Saturday 10 October**

---

09:00 AM – 10:00 AM	Practice workshop
10:00 AM – 11:00 AM	Group practice
02:00 PM – 03:00 PM	Practice workshop
03:00 PM – 04:00 PM	Group Practice
07:00 PM – 08:00 PM	Dharma Talk
08:00 PM	Karaṇīya Mettā Sutta/Close

---

**Sunday 11 October**

---

09:00 AM – 10:00 AM	Practice Workshop
10:00 AM – 11:00 AM	Group Practice
02:00 PM – 03:00 PM	Group Practice
03:00 PM – 04:00 PM	Weekenders' group discussion
07:00 PM – 08:00 PM	Dharma Talk
08:00 PM	Karaṇīya Mettā Sutta/Close

---