



**Remembering the Present**  
Friday 09 October – Sunday 18 October 2026  
Times in Australia/Darwin time (ACST)



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**Friday 09 October**

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05:30 PM – 07:00 PM	Manager's talk & Teacher's introduction Group practice
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**Saturday 10 October**

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08:00 AM – 09:00 AM	Practice workshop
09:00 AM – 10:00 AM	Group practice
01:00 PM – 02:00 PM	Practice workshop
02:00 PM – 03:00 PM	Group Practice
06:00 PM – 07:00 PM	Dharma Talk
07:00 PM	Karaṇīya Mettā Sutta/Close

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**Sunday 11 October**

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08:00 AM – 09:00 AM	Practice Workshop
09:00 AM – 10:00 AM	Group Practice
01:00 PM – 02:00 PM	Group Practice
02:00 PM – 03:00 PM	Weekenders' group discussion
06:00 PM – 07:00 PM	Dharma Talk
07:00 PM	Karaṇīya Mettā Sutta/Close

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